

PACKAGES

FACE & BODY

ESSENTIAL FACE & BODY

refresh with a 30-minute relaxation massage and a 30-minute traditional facial, perfect for a quick pick-me-up

DELUXE FACE & BODY

enjoy a 45-minute massage followed by a 45-minute traditional facial, designed to relax and rejuvenate your face and body

ULTIMATE FACE & BODY

immerse yourself in a 60-minute massage and a 60-minute traditional facial for complete relaxation and revitalisation

HEAD TO SOLE

HEAD TO SOLE ESCAPE

full-body treatment featuring a 45-minute relaxation massage, a 15-minute soothing scalp massage, and a 45-minute foot treatment, including a soak, scrub, and massage

MINI HEAD TO SOLE ESCAPE

includes a 30-minute relaxation massage, a 15-minute scalp massage, and a 30-minute foot pampering for a head-to-toe refresh

ULTIMATE EXPERIENCES

ULTIMATE MASSAGE EXPERIENCE

begin with a 30-minute infrared sauna, then choose between a 60-minute deep tissue or relaxation massage, enhanced with a full-body magnesium scrub for ultimate refreshment

ULTIMATE BODY RENEWAL

a 60-minute massage incorporating a magnesium salt scrub, hot towels, and hydrating moisturiser for nourished, refreshed skin

REVIVE & RENEW

REVIVE & RENEW - FACE & BODY

a complete journey to relaxation, with a 45-minute massage, 60-minute facial, 45-minute body polish, and a 30-minute infrared sauna, designed to detoxify and rejuvenate



RELAX
we've got you...

SCAN FOR PRICING
AND ONLINE BOOKING



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REFRESH DAY SPA
& REMEDIAL CLINIC



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BEAUTY

WAXING

removes unwanted hair for smooth, long-lasting results

TINTING

enhances lash and brow colour for a fuller look

LASH LIFTS

lifts and curls lashes for a natural, eye-opening effect

BROW LAMINATION

reshapes and sets brows for a fuller, more defined look

SPRAY TANNING

delivers a sun-kissed glow without UV exposure

LASH EXTENSIONS

lash extensions enhance length and volume for a fuller, more defined look

FEET & HANDS

MANICURES & PEDICURES

SPA MANICURE

a full hand spa experience, finished with gel polish.
Available in 120 colours.

SPA PEDICURE

a full foot spa experience with scrub, mask, nail care,
and cuticle tidying, finished with gel polish

MINI PEDICURE/MANICURE

quick nail care with gel polish for beautifully finished
nails

SPA TREATMENTS

FOOT HEAVEN

indulge in a soothing foot soak, exfoliation,
mask, and massage for ultimate foot relaxation

BODY

MASSAGE

REMEDIAL - RELAXATION - PRENATAL
DEEP TISSUE - HOT STONE

30 to 90 minutes

massage add-ons available

SKIN RENEWAL

BODY WRAP

a hydrating and detoxifying treatment where the body is
wrapped in nourishing ingredients to deeply moisturise,
firm, and rejuvenate the skin

BODY POLISH

a gentle exfoliation treatment that removes dead skin
cells, leaving the skin smooth, refreshed, and glowing

FACE

TRADITIONAL

a classic customised facial that cleanses, exfoliates, and
nourishes the skin for a refreshed look

PANEMORFI MASKS

luxurious masks customised to brighten, firm, or purify,
tailored to meet your skin's unique needs

HYDRADERMABRASION

a gentle exfoliation and hydration treatment, leaving skin
smooth and radiant

INTRACEUTICALS OXYGEN INFUSION

delivers oxygen and nutrients deep into the skin for instant
hydration and plumping

ALPHA-H CHEMICAL PEELS

effective peels to exfoliate and renew, revealing a brighter
complexion

DERMAPLANING

a precise exfoliation technique that removes dead skin and
'peach fuzz' for a smooth, glowing finish

ADVANCED

TATTOO REMOVAL

reduces unwanted tattoos with laser technology

IPL/SHR

hair reduction, pigmentation correction, vascular
removal, skin rejuvenation

CARBON FACIAL

deep-cleansing facial that rejuvenates and brightens
with a carbon-based treatment

RF SKIN TIGHTENING

firms skin and reduces wrinkles with radiofrequency
energy

MICRONEEDLING

boosts collagen with tiny needles, improving skin
texture, firmness, and reducing fine lines and scars for
a smoother, youthful look

SAUNA

INFRARED SAUNA

experience the benefits of infrared heat in our single or
dual saunas
30, 45 or 60 minutes

VOUCHERS

GIFT VOUCHERS

give the gift of relaxation with our vouchers, available
online or in-store for any treatment or dollar amount
Perfect for any occasion